

VICTORIA PARK HIGH SCHOOL



Dear Parents

24 May 2023

Exam time table for sports and extra-mural activities

What a busy program of sports and extra-mural activities we have had this past Term. Our focus now moves to academics as we prepare for the June examinations starting Monday 29 May 2023. It is, however, a basic need to maintain physical activity and well-being during this time in order to maintain a holistic balance. Therefore we have put together the following time table and procedure to ensure we hit the target on either side.

The exam sports and extra-mural activities timetable is as follows:

Exam time table for sports and extra-mural activities					
	Sport	Team	Time	Venue	Teachers
Monday 29 May & 5 June	Boys Soccer	u15	11:00 - 12:30	Dave Weinronk	Mr Louis
	Girls Soccer	1st	12:30 - 14:00	Dave Weinronk	Mrs Truter
	Girls Soccer	2nd	12:30 - 14:00	Dave Weinronk	Ms Mpongoshe
	Girls Hockey	u16	12:30 - 14:00	Dave Weinronk	Mr Geldenhuys
	Netball 05/06	1st	12:30 - 14:00	Dave Weinronk	S. Venter
	Netball 05/06	1st	12:30 - 14:00	Dave Weinronk	S. Venter
	Netball 29/05	u19B	12:30 - 14:00	Dave Weinronk	A. Hempel
Tuesday 30 May & 6 June	Sport	Team	Time	Venue	Teachers
	Girls Hockey	u14	11:00 - 12:30	Mike Vermaak Astro	Mr Geldenhuys
	Girls Hockey	2nd	12:30 - 14:00	Mike Vermaak Astro	Mr Geldenhuys
	Netball 30/05	u16	12:30 - 14:00	Dave Weinronk	C. Hayward
	Netball 30/05	1st	12:30 - 14:00	Dave Weinronk	S. Venter
	Rugby	u14	11:00 - 12:30	Dave Weinronk	R. van der Merwe / D. Wicks
Wednesday 31 May & 7 June	Sport	Team	Time	Venue	Teachers
	Hockey	1st Boys & Girls	12:30 - 14:00	Mike Vermaak Astro	Mr Geldenhuys
Thursday 1 June & 8 June	Sport	Team	Time	Venue	Teachers
	Boys Hockey	u14 & u16	12:30 - 14:00	Dave Weinronk	Mr Geldenhuys
	Netball 08/06	u19B	12:30 - 14:00	Dave Weinronk	A. Hempel
	Netball 01/06	u14	12:30 - 14:00	Dave Weinronk	L. Spangenberg
	Netball 08/06	u14	12:30 - 14:00	Dave Weinronk	L. Spangenberg
	Rugby 01/06	u15	11:00 - 12:30	Dave Weinronk	R. van der Merwe
	Rugby 08/06	u15	11:00 - 12:30	Dave Weinronk	R. van der Merwe
	Rugby 01/06	u16	12:15 - 13:45	Dave Weinronk	E. Boshoff

	Sport	Team	Time	Venue	Teachers
Friday 2 June & 9 June	Rugby	1st XV	14:00 - 15:30	Dave Weinronk	R. Fynn
	Rugby 02/06	u16	12:15 - 13:45	Dave Weinronk	E. Boshoff
	Cricket	1st	12:30 - 14:00	Dave Weinrock	Mr De Beer
	Soccer	u15	11:00 - 12:30	Dave Weinrock	Mr Louis
	Soccer	u16	12:30 - 14:00	Dave Weinrock	Mr Gwija
	Soccer	1st	12:30-14:00	Dave Weinrock	Mr Leander
	Netball 02/06	1st	12:30 - 14:00	Dave Weinronk	S. Venter
	Netball 09/06	1st	12:30 - 14:00	Dave Weinronk	S. Venter
	Netball 09/06	u16	12:30 - 14:00	Dave Weinronk	C. Hayward
	Girls Soccer	1st	12:30 - 14:00	Dave Weinronk	Mrs Truter
	Girls Soccer	2nd	12:30 - 14:00	Dave Weinronk	Ms Mpongoshe
Wednesday 14 June & 21 June	Sport	Team	Time	Venue	Teachers
	Concert Band 14/06	All	12:30 - 14:00	Band room	J. Wessels
	Concert Band 21/06	All	12:30 - 14:00	Band room	J. Wessels
Thursday 15 June & 22 June	Sport	Team	Time	Venue	Teachers
	Choir 15/06	All	12:30 - 14:00	Band room	R. Gilmer
	Choir 22/06	All	12:30 - 14:00	Band room	R. Gilmer

Guidelines and procedures

- Teams to practice once a week.
- 1st Teams are allowed one additional practice per week.
- Practices are **compulsory**.
- Practice duration is a maximum of 90 minutes.
- Practices are set out to focus on the core principles and not be overly physically demanding.
- The derby days on 3 and 10 June are arranged to keep the day as short as possible to maximise study time.
- This exam time table for sports and extra-mural activities is valid up to 10 June. The attendance of activities from Monday 12 June 2023 to the end of term is optional.
- All other activities and arrangements from 12 June 2023 will be communicated in advance.

Please note that there will be One-Act Play rehearsals during the exams. Please refer to the roster below for these. **All rehearsals at 12:00 - 13:00 in the drama room.**

One-Act Play rehearsals during exams:

Date	One-Act Play
Monday 29 May 2023	Maneuvering Purgatory Shadows Quietly Waiting Check Please
Thursday 1 June 2023	You do love me don't you?
Monday 5 June 2023	Maneuvering Purgatory Shadows Quietly Waiting
Tuesday 6 June 2023	You do love me don't you?
Thursday 8 June 2023	Check Please
Friday 9 June 2023	Maneuvering Purgatory
Wednesday 14 June 2023	Check Please
Thursday 15 June 2023	Maneuvering Purgatory Shadows Quietly Waiting You do love me don't you?
Thursday 20 June 2023	You do love me don't you? Maneuvering Purgatory

Yours in Sport

Rynhardt Gerber

Retief van der Merwe